

Red Cabbage-Apple Salad

Serves 6

Ingredients:

1 small head red cabbage, coarsely chopped
10 radishes, sliced
3 tart green apples (organic) ,unpeeled, washed, and diced
2 green onions, chopped
1 stalk celery, chopped
¼ cup walnuts, chopped
1-2 tablespoons lemon juice
Dash garlic powder

Mix everything in a serving bowl and let stand for an hour, stirring once or twice.

Recipe from Metagenics Detoxification Program Guide
Adapted by Roxanne Curley